

# kennyahern

## Adult Workshop

### Workshop Length

A variety of options can be presented in a workshop setting; ranging from a single 90 minute class to a one or two day intensive.

### Enrollment

All workshops are limited in enrollment. The enrollment number is based on class choice(s), workshop length and student skill level.

## Class List

### The Art of the Clown—Cliff Notes

Focus is on the history and development of clowning throughout the ages. It is a light and educational approach towards a gaining respect in those who wear the floppy shoes and red noses.

### Balancing Made Simple

Balancing is a skill that is impressive and easily learned. The key to success is practice and concentration. With a specially designed teaching method, all class participants will learn the skill of balancing and be given ideas on how to present their new found skill.

### Before and After the Gig

This class will provide technique and steps you should take before and after you perform.

### Beginning Juggling

I have a proven track record, everyone that I have ever worked with has learned how to juggle by the end of a class. The class limited to 20 students. Juggling scarves and bean bags are provided.

### Circus Skills for the Klutz

Students will get to experience skills they never imagined they could develop with their clown. Bring the excitement of the circus to a school show or to the living room. (Class limit 20)

### **Comedy Development and Performance**

This is a real adventure! The techniques and methods used in defining a comedy routine are explained. Through brainstorming and applying the class methods learned, we will create a routine through group sharing and improvisation.

### **Creative Thinking**

Creativity enhancement exercises themed towards comedy and clowning. Provides participants with exercises that will help them open their mind to new ideas and how to break through a creative block.

### **Dare to Succeed...Solo Performing & Improvisation—Kenny**

It's you, the audience and a performing space; this is what I do. I will share techniques on how to gain the confidence to command a performing space—by yourself.

### **Facial Imagination**

This class will focus on how to communicate with a personal facial vocabulary and how to tie this skill with your body movement. Bring hand mirrors to class.

### **How to Direct and be Directed**

Directing is a valuable and delicate process. This class will provide specific technique towards being a good director and keys on finding a director and being open to direction.

### **How Much Sound Do I Need?**

This class will focus on how a sound system works and how to choose the right system for you performance needs. Audio plug-in will also be discussed.

### **How to use Props**

This class focuses on prop manipulation and purpose. Bring a favorite prop or new prop to class to work with.

### **Intermediate Juggling**

All participants must be able to do a three ball cascade. You will also be exposed to clubs and eccentric juggling. The emphasis is on performance and developing a comedy routine.

### **Intuition & Character**

This class will present a common sense approach to developing your clown character. We will frame ideas and methods to finding and promoting growth with your character.

### **Me and My Chair**

This class will focus on varied techniques and use of different styles of chairs in performance development. Bits of business with chairs will be shown and explored.

### **Movement for All**

In this class you'll explore your entire self and find out how to use those dormant muscles! We will focus on how to optimize your performance space and be aware of where you are in that space always; and it's a fun time too!

### **Music before the Routine**

Picking music then creating a routine around it, it's a backwards concept ... but, for me it has worked with many of the pieces I have created. I'll share how to tap into music and find ways to explore themes to create full routines.

### **Performing for Big Kids**

Explore a style of clowning many will not touch—performing for adults. The focus of the class is on how to get and keep an adult audience's attention. Maybe you'll find the courage to take the plunge into the adult world of comedy after you've experienced this class. (Tasteful material.)

### **Performing on Stage**

This class will provide you with the skill's and knowledge to perform on stage; stage direction, lighting, sound, etc.

### **Practical Physical Comedy**

The basics in Slapstick Comedy with step by step instruction and guidelines on how to use physical comedy to accentuate your routines, not dominate them. Folks will learn; facial exaggeration, double takes, handshakes, trips, basic falls, etc. The key is to create funny comedy not painful reality.

### **Shhhhhh...**

You will learn how important it is to express yourself with your physicality of movement. Learn how to use everyday communicative gestures enabling your audience to understand your thoughts and motivation; without speaking a word. This class is not based on traditional mime technique.

### **Soap, Pies... Messy and Fun**

Soap gags are a dying art and need to be brought back to life! Items covered include; how to throw a pie, how to make soap and large and small soap gag ideas. We will also touch on water spitting. Pie fight in optional.

### **Working the Crowd**

How to judge your audience, performance environment and proper performance style is very important with Clowning. Whether you perform on a stage or as a walk-around performer, this class will show you ways how to develop a performance sixth sense.

**Works in Progress**

Skit direction can be a valuable resource. The object of this class is to provide direction in a participants development of their Work In Progress. Bring a partially or finished skit and props.

**Q & A**

Go ahead and pick my brain and ask the questions that are on your mind. I'll do to the best of my ability in answering.